

Young Sun Acupuncture & Herbs Clinic

Young Sun Acupuncture Clinic's Program

The following information is provided in regards to the obesity treatment of Young-Sun Acupuncture Clinic.

All patients should note that the program will not be easy process. Most of the none-prescribed-over-the-counter medicines available at the local drugstores will allow you to have regular meals at the same time while it helps a patient to lose only 10 lbs in 1 to 2 months. The obesity treatment program of our clinic will make it possible to lose only weight in a shorter period of time, which saves considerable amount of time and money. You will not be stressed out throughout the program, since you will not be starving. Instead, you will gradually lessen the amount of meals being taken daily.

One of the most important points discussed in our program is the timing of when to begin treatment. You will start the program only if you are the best possible health condition. If you have a cold or show any other sign of illnesses, we suggest that you wait before you begin.

The reason why we decompose fat and cleanse the intestines at the time of the treatment is that there are chances that the patient will be constipated due to the increase of calories and water consumption when the fat is being decomposed. The elements in the medicine that dissolve that fat may possibly cause constipation and/or may stop it for others. The causation for having possible constipation while being treated is that your body temperature will increase and dry up faces that takes water from small intestines when fat is being burnt. Our medicine will help you to lose weights safely and affectively, unlike other harmful dieting medicines that cause patients to forcefully have diarrhea by taking water from their bladder.

The values of our treatment :

- 1) Takes off fat from your lower stomach as soon as only two days in prior to taking the medication, since the medicine begins to work with the fat-densest part of the body..
- 2) Controls and lessens your appetite. We should remind you that 100% of appetite control is illegal according to law in California. Super fast program cuts down your appetite by 95% and fast program does so by 80%.
- 3) Reduces the size of your stomach by making it sensitive to food and controls mea amounts while improving your physical constitution as a result

During the time when the patient is under medication, some might have problem sleeping at night during the first two days of program, and others might be more prone to lack of energy than usual. Some may also fell drowsy for a few seconds and you might also experience inability to keep balance or difficulty in writing.

Our Super-Fast program (medication) works great for patients who never exercise. Sometimes you may feel as if you've worked out, because the active metabolism in your body is simulated due to the medicine (so you will feel exhausted even without exercising). While you take the Fast-Program medicine, you can exercise lightly but avoid running or doing aerobics or cardiovascular exercises that will raise your heart rate. (Such exercises may cause patient to experience nausea or vomit)

When taking the medicine, we suggest that medicine is limited to three times per day, taken every 4 to 5 hours. For example, you can take the medicine at 8:30AM, 1:00PM, 5:00PM and so on. If you feel uncomfortable taken the medicine during the first few days, take only two sets a day (i.e. at 11:00 AM and 5:00PM) If you are still taken at 4:00PM. We suggest that no matter how uneasy the medicine makes you feel, you should not stop taking it unless you have other unusual symptoms other than body aches and drowsiness. Once you stop taking the medication, you will feel exhausted as f you have starved. Our medicine also taking the medication, you will feel exhausted as if you have starved. Our medicine also provides vitamins that body needs other than losing weight. Please keep in mind that you should take the medicine at least once a day.

As previously stated, you are not required to take the medicine three times daily. You can control the dosage upon your own reactions and bodily needs. If we prescribed you a scheduled medicine for 7 days, it may last up to 10 consecutive days. It is up to the patient the three to take once or three full servings of medication per day..

We would also like to remind you that using strong medication does not necessarily bring faster result fur every patient. The patients who are highly obese are more likely to lose weight faster than others in general. The speed of result generally varies depending upon each patient's health, body condition and type.

The medicine we use are for our weight-loss program is all natural and safe. Our treatment is not the kind of protein or meat diet, but rather a carbohydrate diet; which means that you will not need to limit yourself from eating potatoes, bread, fruits, and/or vegetables along with the preferred dosage of four spoonfuls of rice a day. If the food intake is more than four spoonfuls of rice, it will weaken the effectiveness of the medicine that we prescribe in order to suppress the patient's appetite. Compared to other dieting medicines made of harmful chemicals, or treatment will not accumulate the drug elements into your body.

When we advise you to have smaller sized meals, that is not to make you hungry but we do not want to totally eliminate food from your daily planned diet. It is best that you take small portions of rice even if it seems difficult for you.

You do not have to worry over insufficient nutrition while undergoing our treatment, since our medicine will provide you with plenty of vitamins.

You do not have to worry over insufficient nutrition while undergoing our treatment, since our medicine will provide you with plenty of vitamins in order to activate your bodily metabolism. In fat, you will not feel any difference but a slight drowsiness even after sipping a few meals. Te program will not disturb you from work, aside from causing patients to stay awake at nighttime, which is rare in most cases.

We always check the patient's pulse and judge each customer's physical constitution before issuing any prescriptions for the program. We can write a prescription only from retrieving information directly from the patient, if the patient lives out of state and can not consult with us personally. We guarantee that following these simple instructions will set you free from obesity upon the closure of our dieting program.

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One of the most frequently asked questions from our patients is what to do if the patient regains the weight that he or she lost during the program. I believe that any diet clinic should be responsible for only helping you to lose weight and keeping shape in order to stay trim is the patient's responsibility. After losing 20 or more pound during the program, the patient should exercise and try not to gain any more pounds. The reality is that it takes effort for anyone to stay in shape, Or oriental clinic also can provide weight control medicines for those patients who can not afford to or have enough time to exercise. Many people attempt to lose weight by exercising, but the truth is that it is difficult to even lose then pounds in a year while doing so..

During the time when a patient is under our program we instruct that taking alcohol is absolutely prohibited, also with meat and raw fish. The herbal ingredients of the medicine will not survive with intake of alcohol, nor meat or raw fish, although cooed fish is fine

While taking our medication, a patient should stop taking any other pills such as Aspirin, Advil, anesthetics, vitamins, streptomycin, or any other type of allergy medicines and cold medications, If necessary, a patient may take Tylenol and acid-reducers such as ZanTac 75mg.

Some patients also concern that they gain weight too easily even claiming that they gain weight even after drinking water. The common problems that most of such patients have are being prone to flue, having bad cramps, having cold feet or hands, and feeling bloated frequently. These patients may feel exhausted and drowsy only after losing ten pounds during our treatment. These patients are likely to catch a cold, as a result of losing fat that used to surround and protect their body. However, the frequentness of catching a cold will decrease during the program, since our treatment will change your physical condition along with guiding you to lose weight.

The same medicine we prescribe will work differently upon each patient, depending upon his or her age and weight. More obese the patient, the medicine will work faster and more effectively. The younger the patient, the better the medicine will work. A patient who is overweight is more likely to have multiple diseases or health problems; therefore, he or she may experience more possible symptoms during the program.

Mature patients in their 40-50's should be more cautions in eliminating food in their diet, since it is more difficult for them to control their appetite. Women who are sterile due to obesity can have more positive changes for pregnancy after the treatment.

The medicine we use will cause increase of patient's body temperature, so it may irritate those who have gastric hyperacidity. Whether or not you are hyperacid, I will prescribe you acid reducers, and you are to take them once or twice a day along with the medicine used to treat obesity, Even if our medicine is easy on your stomach, you may have more gastric acid caused from taking only smaller amount of food, which may cause you nausea or soreness in your stomach. You may experience such side-effects only throughout the first few days upon taking the medications. Such process is necessary in order to eliminate the size of each patient's stomach-size in order to take in less food as a result of the program.

Most of the patients we have consulted seem to have upset stomach, caused by taking in too many strong medicines in attempting to lose weights previously. We strongly recommend each patient to take acid reducers to protect your stomach from a gastric ulcer. Our program does not five your digestive, since you will not be eating enough.

We guarantee that as soon as the patient is under our treatment, he or she should feel confident of final result. We suggest that a patient will find best result in following the simple guidelines provided.

Precautions

In case you intend to rest for awhile and continue the diet at a later time, do not take the medicine regularly as you did before. Do not take all three pouches of the medicine provided per day, but instead take it once, After about 3-4days depending upon your physical condition, take two dosages, otherwise continue taking one. If your body feels adapted to the medicine after the 7th day, tae the regular dosage as you did from the beginning of the program. We also suggest you never to share your medication with others, since their body conditions do not match yours.

We also suggest the following while patient is under our medication:

- Do not use the computer for more than an hour at a time
- Please do not use sauna or steam room while taking our medicine
- Cold medicines and ginseng should not be taken along with our medicine.
- Do not take the medicine after 6p.m. for you may have trouble sleeping
- Please call us at least twice a week for further consultation

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